

1. Life Jacket (PFD) - Each student is required to have their own life jacket which must be worn at all times while on the water. Life jackets designed for sailing are best as they are more comfortable and more enjoyable to wear than others. **No other piece of equipment is more important for your child's safety than his or her life jacket.** Please be sure to write your child's name on the life jacket.
2. Whistle- A whistle attached to the life jacket is recommended.
3. Shoes- Proper footwear is required. "Water shoes" are the type worn by many of the students. For your child's protection, footwear must be worn at all times.
4. Sun block- At least SPF 30 is recommended.
5. A hat for sun protection should be considered.
6. Rain Gear- There will be days when a light rain shower will not stop the class from sailing. Rain gear, if only an inexpensive poncho, is recommended.
7. Change of clothes and towel- Sailing is a water sport, and everyone will get wet!
8. Sunglasses- If worn, sunglasses should be UV safe.
9. Lunch - Please pack a good lunch if appropriate
10. Water bottle- To avoid dehydration, your child should have a water bottle.
11. A backpack or bag- to put everything in. This is the best way to keep things from getting lost.